

## ST. PAUL'S PARISH-WIDE SPIRITUAL FORMATION OFFERING SPRING 2024

### Background:

In 2018-19, St. Paul's Church participated in Renewal Works, a ministry designed to help Episcopal parishes strengthen spiritual life. Parishioners answered an anonymous survey, and a small team attended workshops and assessed the survey results. The St. Paul's Spiritual Formation team recently revisited this work and is planning upcoming programs to address what parishioners expressed in the survey.

### Invitation:

For our first offering, we are inviting the whole parish to explore "**The Catechism of the Episcopal Church: An Outline of the Faith**" (What's a Catechism? See <https://www.episcopalchurch.org/what-we-believe/catechism>).

### Details

#### **WHO?**

EVERYONE. Whether you've been here a week or your entire life, no matter your age (teens and up, younger children welcome with parents) or experience with spiritual formation, all are welcome.

#### **WHAT?**

1. **Read** "The Catechism of the Episcopal Church: An Outline of the Faith," available on pp. 845-862 of the Book of Common Prayer (online at <https://www.bcponline.org/Misc/catechism.html>), in three sections (see below for the schedule).
2. **Reflect** using simple questions:
  - What stayed with you after reading this section?
  - What do you want to ask God about in prayer?
  - What made your heart sing or gave you hope?
  - What gave you pause?
  - What do you want to explore further?
3. **Discuss (optional)** each of the 3 sections via 3 different formats (in-person, online, and anytime at your convenience). Choose the time and format you want each week – feel free to switch!

#### **WHEN/WHERE?**

##### **Week 1 Human Nature through New Covenant pp. 845 - 851 in the Book of Common Prayer**

- **Sunday, March 17, in-person** between the services in Ordway Hall
- **Monday, March 18, online** via Zoom at 7pm (link will be provided in Friday update)
- **Tuesday, March 19, online** via Zoom at 11am (link will be provided in Friday update)
- **Thursday March 21, in-person** in the chapel after noon Eucharist
- **Anytime** on St. Paul's Catechism WhatsApp Group, with optional 1 hour live chat TBD

##### **Week 2 Creeds through Ministry pp. 851 - 856 in the Book of Common Prayer**

- **Sunday, April 7, in-person** between the services in Ordway Hall
- **Monday, April 8, online** via Zoom at 7pm (link will be provided in Friday update)
- **Tuesday, April 9, online** via Zoom at 11am (link will be provided in Friday update)
- **Thursday, April 11, in-person** in the chapel after noon Eucharist
- **Anytime** on St. Paul's Catechism WhatsApp Group, with optional 1 hour live chat TBD

##### **Week 3 Prayer & Worship through Christian Hope pp. 856 -862**

- **Sunday, April 28, in-person** between the services in Ordway Hall
- **Monday, April 29, online** via Zoom at 7pm (link will be provided in Friday update)
- **Tuesday, April 30, online** via Zoom at 11am (link will be provided in Friday update)
- **Thursday, May 2, in-person** in the chapel after noon Eucharist
- **Anytime** on St. Paul's Catechism WhatsApp Group, with optional 1 hour live chat TBD

We hope everyone will be inspired to choose one discussion time/format for each of the three weeks, but if not, please read and reflect along with the parish!

**QUESTIONS?** Call 603-224-2523 or email [office@stpaulsconcord.org](mailto:office@stpaulsconcord.org)

**WhatsApp details** – WhatsApp is an app for Apple or Android devices that enables group texting. Deb Baker will also be available after all the services March 2 and 3 or by appointment to help people with the app or add people to the group. Please call 603-224-2523 or email [office@stpaulsconcord.org](mailto:office@stpaulsconcord.org) to be added to the WhatsApp group, or if you need Deb to reach out to you for one on one help with WhatsApp.