



SPIRITUAL FORMATION RESOURCES
ST. PAUL'S EPISCOPAL CHURCH, CONCORD, NH

DAILY PRAYER RESOURCES

St. Paul's Morning Prayer on Zoom – see the Friday update for the link

The Book of Common Prayer, online <https://www.bcponline.org/>

Brother, Give Us a Word

<https://www.ssie.org/word/>

Brief daily spiritual reflections from the Brothers at Society of St. John the Evangelist, an Episcopalian monastery in Cambridge, MA. Sign up for emails or find the Word on social media.

Centering Prayer

<https://www.contemplativeoutreach.org/centering-prayer-mobile-app/>

A guide for practicing Christian meditation, a type of prayer where you rest in God's presence.

Daily Prayer for All Seasons

<http://tinyurl.com/mw35nci8>

Free PDF version of a book from Church Publishing that follows the church's seasons.

Forward Movement

<https://prayer.forwardmovement.org/home>

You can find the *Forward Day By Day* reflections here or in booklets available at church. Find prayers for the daily office or anytime. Also provides a wide range of daily audio prayer and bible readings <https://www.forwardmovement.org/Pages/Item/15054/our-podcasts>

Lectio 365 (app available in Apple or Android versions) - daily prayer you can read or listen to in English or Spanish

<https://www.24-7prayer.com/resource/lectio-365/>

OSH Daily Office (app available in Apple or Android versions) from the Order of St. Helena, Episcopalian nuns who pioneered inclusive language Psalms.

<https://play.google.com/store/apps/datasafety?id=org.osh.OSHDailyOffice>

<https://apps.apple.com/in/app/osh-daily-office/id1414572848>

Pray As You Go (app available in Apple or Android version) daily prayers you can listen to on the website or app

<https://pray-as-you-go.org/>

Venite (app available in Apple or Android versions) Many options for praying the Daily Office on the website <https://www.venite.app/home> or app



BIBLE RESOURCES

A lectionary is a directory of scripture readings assigned for different days. The Revised Common Lectionary, used by the Episcopal Church as well as many other churches in the US and Canada, covers Sundays and Holy Days (like Ash Wednesday). There are also daily prayer lectionaries that individuals or churches use for prayer and worship at different times of the day. The Book of Common Prayer has information about how to look those up, as well as the sites and apps below. Of course you can read your Bible without a lectionary, but if you want to read along with others all over the church, these resources can help.

Where to find daily and Sunday readings:

Forward Movement

<https://prayer.forwardmovement.org/daily-readings>

Find today's readings or look up readings for a particular day.

The Lectionary Calendar

<https://www.episcopalchurch.org/lectionary/> Easy to read monthly format with links to the Revised Common Lectionary as well as "Lesser Feasts and Fasts" – special days when the church remembers Holy Men and Women throughout history.

The Lectionary Page

<https://www.lectionarypage.net/>

Find the readings for the coming Sunday as well other special days in the church.

Oremus Bible Browser

<https://bible.oremus.org/>

Ad-free searchable bible, available in many translations

Revised Common Lectionary

<https://rclstaging.233analytics.com/>

Vanderbilt Divinity School hosts this page which includes daily, Sunday and seasonal readings and lots of illustrations from the school's Art in the Christian Tradition collection.

Going deeper:

Salt Lectionary Commentary

<https://www.saltproject.org/progressive-christian-blog/category/Lectionary+Commentary>

Read it on the website or sign up to get a weekly email with insights into the coming Sunday's readings.

Soul Work Toward Sunday

<http://www.edgeofenclosure.org/>

An illustrated "mystical" retreat on the Sunday lectionary readings from Episcopal priest Suzanne Guthrie - sign up to receive a weekly email.